

# MARCH

2019



It's **GUS JUSTICE** to the rescue!

**M** **T** **W** **TH** **F**

**ART CONTEST CONTINUES**

**"You ART What You Eat"**  
Create and enter today!  
[SquareMeals.org/artcontest](http://SquareMeals.org/artcontest)

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**GOOD EATS AT**

**SCHOOL BREAKFAST WEEK**  
**MARCH 4-8**  
[SquareMeals.org/sbw](http://SquareMeals.org/sbw)

4 5 6 7 8

**SPECIAL ANNOUNCEMENTS**

11 12 13 14 15

18 19 20 21 22

25 26 27 28 29



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



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This institution is an equal opportunity provider.

# GUS JUSTICE

Asparagus

When Gus was just a little shoot, a group of candy criminals ran through the town on their candy wrapper horses and trampled the field he was growing in. He vowed to rise against the candy that robbed the children of their good nutrition and make sure Healthyville flourished again. Not knowing what to do, he went to the University of Healthyville to visit and learn from Professor Green and Dr. Broccoli. They both told Gus he was a good source of folic acid and that helps promote the growth of healthy cells. He could use his powers to help Healthyville cut back on candy! He rallied his fellow spears and away they went using their folic acid to help the town and the children. To this day the Justice Squad uses their spears to keep the candy criminals out of the fields and out of the hands of children in Healthyville.



## FUN FACT

Asparagus is good source of vitamin A and C and minerals



GUS JUSTICE'S  
**FAVORITE  
ACTIVITIES**  
Track and field  
and Bowling



**POW!**  
**ARCH ENEMY**  
Candy Criminals



## JOKE OF THE MONTH

Q: What is it called if a bowler knocks half the pins down on his first roll, then knocks the rest down on his second roll?

A: A spare (Asparagus)

## FIND THE SIX DIFFERENCES



Sources: Texas A&M and Agrilife Extension

